

ROSEMARY WANGANEEN'S

# How to break your own glass ceiling

Using a Woman's Intuitive Intelligence

**This two-day forum is secret and sacred women's business! It's for adult women who would like a deeper and more meaningful approach to 'breaking your own glass ceiling'. In so doing this will reconnect you to your *innate human intuitive intelligence* so you can lead yourself into prosperity!**

Join acclaimed griefologist, Rosemary Wanganeen in a unique opportunity as she shares her inspirational story on how she 'broke her own glass ceiling' to 'tap' into her intuitive intelligence that's been sustaining her after 25yrs as a business woman!

What does the 'glass ceiling' really mean? The 'glass ceiling' implies a woman is constantly looking up at the glass ceiling and looking up and through the glass ceiling, psychologically making it a physical barrier to reaching her dreams, hope and potential. I believe the 'glass ceiling' is not 'designed' by accident but is designed by a patriarchal 'system' as a maze! Without shaming or blaming the patriarchal systemic 'maze' I'll present the Seven Phases to Integrating Loss and Grief to unravel it! Once fully understood and one is ready to walk around the 'glass ceiling' the Seven Phases will show the 'glass ceiling' is a figment of a woman's imagination.

Rosemary Wanganeen

2 day  
FORUM

**REGISTER NOW  
TO SECURE YOUR PLACE**

T 08 8341 5557

M 0438 203 032

E [admin@lossandgrief.com.au](mailto:admin@lossandgrief.com.au)

[www.lossandgrief.com.au](http://www.lossandgrief.com.au)



PHOTOGRAPHY: Cath Leo

Identifying people's trauma in their life stories and assisting them in their recovery towards optimal social and emotional wellbeing is a universal process.

Annabel Roach

## Be informed. Be challenged. Be inspired.

We don't want to minimize the media attention given to the many external barriers across many Australian workplaces that prevent many Australian women from reaching their dreams, hopes and potential. However, less attention continues to be given to the psychological barriers that seem to plague many women of the injustices inflicted upon us that was established in ancient times.

As women we have a right, a role and a responsibility to respectfully (4R's) to bring our past into our present and 'unpack' significant external grief behaviours committed by ancient man that developed a male culture of injustices. This male culture of injustices has been past across and down the generations to suppress, oppress and dispossess women of their intuitive intelligence.

Such a process interfered with women's basic human right that could sustain their health and wellbeing for leadership and prosperity!

A woman reclaiming their intuitive intelligence enables us to create and maintain the balance of our feminine and masculine personalities and in so doing live by the principles of 'do no harm'!

Rosemary's forum will take you on a journey of discovery as she presents her evidence based and holistic approaches model called the Seven Phases to Integrating Loss and Grief. Her evidence-based model will present why she was inspired to integrate significant adversarial life experiences which enabled her to convert her grief fears into her intuitive intelligence to become the founding CEO of her own company.

So, expect to be intellectually informed, emotionally challenged but it is out hope you'll leave spiritually inspired as Rosemary invites you to explore with her:

- What we had – ancient women's intergenerational intuitive intelligence.

- What we lost – how ancient women intuitive intelligence was converted into grief fear.
- Contemporary loss and grief theory – impart intellectual information and embrace the emotion experiences.
- Practical strategies – welcome the opportunity to be mentally, emotionally and spiritually up-skilled to reclaim and sustain your intuitive intelligence for leadership and prosperity. Sustaining your intuitive intelligence will be observed by our young Australian girls who will become the next generation of Australian women 'living in' their leadership and prosperity!

As a participant, she asks you to bring just your humanity and to please leave your career identities at the door, however waiting to be picked up at the end of the forum!

One of the most profound and illuminating (workshops) I have ever attended. The insights I gained, and feelings experienced for the Loss and Grief of our indigenous communities were a shock on the day and will remain with me for life.

Suzanne Penrose

## Forum outline

### HOW TO BREAK YOUR OWN GLASS CEILING

DAY 1	DAY 2
<b>Bringing women's past into our present to take into our future</b>	<b>21st century loss and grief theory</b>
9am-5pm (registrations from 8.00am)	9am-5pm (arrive 8.45am)
<p><b>Introduce the Seven Phases to Integrating Loss &amp; Grief:</b></p> <ul style="list-style-type: none"> <li>● Rosemary as the case study.</li> <li>● What we had – ancient women's intergenerational intuitive intelligence.</li> <li>● What we lost – how ancient women's intuitive intelligence was converted into grief fear.</li> <li>● Ancient patriarchal inventions of warfare's.</li> <li>● Why worldwide invasions and colonisations occurred.</li> <li>● 21st century challenges for Australian women.</li> </ul>	<p><b>What are losses?</b></p> <ul style="list-style-type: none"> <li>● Tangible losses – can be experienced by the five human senses</li> <li>● In-tangible losses – cannot be experienced by the five human senses</li> </ul> <p><b>What are grief emotions?</b></p> <ul style="list-style-type: none"> <li>● Eight common grief emotions</li> <li>● Grief triggers / Grief discounting?</li> <li>● Inner children v an inner child</li> <li>● Unresolved grief, cause &amp; effects upon major social issues, diseases and disorders</li> </ul> <p><b>Ancient &amp; contemporary grief activities</b></p> <ul style="list-style-type: none"> <li>● Out of 'grief fear' into 'intuitive intelligence'</li> <li>● Reflective &amp; creative grief activities: unify the old with the new</li> <li>● Panel &amp; Q&amp;A</li> </ul>
<p><b>INCLUSIONS:</b> Morning tea, afternoon tea and lunch. <b>LEARNING MATERIALS:</b> 3 x booklets – <i>Ancient History into Contemporary Times; Loss &amp; Grief Theory; Contemporary Grief Strategies</i>. <b>ACTIVITIES:</b> in-group tables; DVDs for group discussions and group reflections; individual reflections.</p>	
<p>This forum will be offered in ALL capital cities throughout 2019/2020. Further information will be advised on <a href="http://www.lossandgrief.com.au">www.lossandgrief.com.au</a></p>	

### NEXT FORUM: ADELAIDE MONDAY 24 - TUESDAY 25 JUNE 2019

**VENUE** Ian McLachlan Room, **Adelaide Oval**  
War Memorial Dr, North Adelaide SA

**COSTS\*** Early Bird Registration (before March 29) \$1,350.00 inc GST  
Standard Registration (after March 29) \$1,500.00 inc GST  
Indigenous Registration \$900.00 inc GST  
Group Registration (4 or more) \$1,250.00 inc GST per delegate

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\*Note: once your completed registration form has been received, it will generate an invoice. Then when making payment please quote your invoice number.



PHOTOGRAPHY: Cath Leo

## Your Presenter

**Rosemary Kudnarto Wanganeen** is a proud Aboriginal South Australian of Kaurna, Koogatha and Wirrangu heritage. Rosemary founded the Sacred Site Within Healing Centre in 1993, and in its strength founded the Australian Institute for Loss and Grief in 2005.

Since this time, the Institute has worked tirelessly with health professionals across Australia to challenge respectfully, from an Aboriginal perspective, prevailing western perspectives about loss and grief.

Rosemary's passion is for improving health services to Aboriginal communities, but her story, her research, her insights and her highly practical approach to working with loss and grief has transformed the outlook of healthcare professionals across the country, regardless of the communities in which they work.

Her background as a Stolen Generation child and as a researcher with both the Committee to Defend Black Rights (1986) and the Royal Commission into Black Deaths in Custody (1988) give her deep and personal insights to what is often called Aboriginal disadvantage. These insights informed her groundbreaking *Seven Phases to Integrating Loss and Grief* model. This highly acclaimed work explores the relationship between loss, grief and disadvantage in Aboriginal communities. In so doing, it offers practical strategies to turn Aboriginal disadvantage to Aboriginal prosperity.

Rosemary's 25 years of industry experience, had her admitted to a Master of Philosophy degree at the University of Adelaide, leading to a PhD questioning whether Aboriginal disadvantage is an Aboriginal industry.

Rosemary is a counsellor, author, academic, researcher, public speaker, educator and entrepreneur. She presented to the South Australian Psychiatry Branch Training Committee in 2016 and 2018, and her work has been recognized nationally and internationally.



With her above experiences she has also accumulated deeply personal and meaningful insights into what she believes have become external and internal barriers for Australian women from achieving their personal and professional ambitions, now that she has 'broken her own glass ceiling'. Rosemary feels qualified to break her silence to share with Australian women of all cultural backgrounds, how to break their own glass ceiling with love, honor and respect for their past, present and future!

She is the recipient of numerous awards recognizing her contribution to Aboriginal health and wellbeing.

**WINNER 2009** South Australian of the Year Community Award

**WINNER 2016** Outstanding Health Project/Program Aboriginal Health Council (SA) NAIDOC Health Awards

**FINALIST 2016** SA Health Mental Health Excellence Awards

 Rosemary's insights and her highly practical approach to working with loss and grief has transformed the outlook of healthcare professionals across the country. 



AUSTRALIAN INSTITUTE FOR  
**Loss & Grief**

2/107 Military Road  
Semaphore Park  
South Australia 5019

**T** 08 8341 5557

**M** 0438 203 032

**E** admin@lossandgrief.com.au

**www.lossandgrief.com.au**

ACN: 117 236 736