



AUSTRALIAN INSTITUTE FOR
Loss & Grief

Employees Assistance Program (EAP)

Counselling Information, Fees and Charges



**Griefology 'works with' personal
and professional social &
emotional wellbeing; loss and
grief experiences, emotional
distress; post-traumatic stress;
'disorders' and critical incident
debriefing!**

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E.A.P. Loss and Grief Counselling

“Where grief meets inspiration”

There's more to loss and grief counselling than death & dying!

The Institution is open to all people; however, this program enables Aboriginal & Torres Strait Islander staff the choice of accessing a culturally appropriate counselling service.

The objectives of the Employees Assistant Program are:

- Reduction in the levels of distress among employees.
- Reduction in the numbers of stress-related illness.
- Improvement in the overall work performance through reductions in distress and stress-related illness.
- Improvement in the general health and welfare of employees.
- Healthy adults in the workplace makes for a health family at home.

Organisations are recognising that there may be occasions when an employee's work performance can be affected by problems experienced in their professional working life or their personal and family life.

They also recognise the benefits in providing a professional and strictly confidential free counselling service for employees (and families). It means the employees are assisted in resolving any work related or personal problems, which in turn enables them to return as soon as possible to their normal level of functioning in the workplace.

The Australian Institutes support currently supports the following Government and NGO's:

- Acacia Connections
- Access Programs
- Converge International
- Relationships Australia (SA)
- Human Psychology
- Indigenous Land & Sea





Rosemary is a proud South Australian Aboriginal woman. Her traditional heritage on her paternal side is Kaurna of the Adelaide Plains and her maternal side, Koog-a-tha and Wir-rang-gu both on the west coast of SA. Equally she has a proud English heritage.

Founding CEO and sole operator of the Sacred Site Within Healing Centre in 1993 and in its strength, she established the Australian Institute for Loss and Grief in 2005. She applied her personal 'lived experiences' to research and developed the Seven Phases to Integrating Loss and Grief and today she a non-academic and a published author of the Seven Phases. As a Griefologist she's an Educator, Presenter, Facilitator, Assessor, Loss&Grief Counsellor.

Recently she's have been accepted into Adelaide University's Master of Philosophy (MPhil) program.

The Institute provides counselling and programs to all Australia's because she realized loss and grief is a human experience. Some of her proudest moments is receiving accolades throughout the 21st century have come from:

- Presenting to Psychiatric trainees of the SA Psychiatry Board Committee in 2016, 2018 & 2020
- SA Health – A Finalist in Mental Health Excellence Awards (2016)
- Winner: Outstanding Health Project/Program - Aboriginal Health Council (SA) NAIDOC Health Awards 2016
- Winner: South Australian of the Year 2009 – Community Award
- Recipient of (Aboriginal Elder
- J Gladys Elphick Award 2011
- Zonta Club of Adelaide, Women of Achievement Award, 2000



EAP Counselling Services	Per/hr + GST	Travel
Australian Institute for Loss & Grief – Semaphore	\$113.00	
Metropolitan Adelaide	\$113.00	\$38.50/hr
Critical Incident Debriefing	\$121.00	\$38.50/hr
One Day retainer fee – regional SA	\$745.80	\$50.50/hr
EAP Group (2+ members) per session	\$113.00+ \$60.50 pp thereafter	\$38.50/hr
Cultural Supervision	\$113.00	\$38.50/hr
ALL CANCELLATIONS WITH LESS THAN 24 HRS NOTICE INCUR A CANCELLATION FEE		
Less than 24 hours' notice	\$90.91	
'Did Not Attend Clients' incur a cancellation fee plus the cost of travel incurred	\$90.91	\$38.50
Regional One Day EAP Counselling Consultation – with less than 24 hrs notice	\$745.80	+ travel if incurred